

## BERANČE from DEMIR HISAR (Macedonia)

This *Beranče* is a 7 measure form which was filmed by Robert Leibman at the 1971 Ilindenski Denovi Festival in Bitola, Macedonia. The group is KUD "Mite Pirkovce" from selo Slepče, near Demir Hisar in SW Macedonia.

Recording: Workshop CD or any good *Beranče* tune in 12/16 (S,q,q,S,q) time signature

Formation: Open circle with "W" hand hold

Music: 12/16 ( 3,2,2,3,2) \*Note: This is an approximation of the time signature. There are recordings in 11/16 ( 3,2,2,2,2) and 13/16 ( 3,2,3,3,2).

Important is the dancer's cts 1,2,3,4,5

### Meas:

- 1 Facing slightly R of ctr, hop on Lft and lift Rft up and in front of L knee (ct 1); step Rft fwd to R (may be a heel lead) (ct 2); hold or complete wt transfer onto Rft (ct 3); step Lft fwd to R (may be a hopping skip) (ct 4); step Rft fwd to (ct 5);
- 2 Still facing slightly R of ctr, step Lft fwd to R (ct 1); turning to face and dance twd ctr, bounce on Lft and touch Rft (may be ball or whole of Rft); (ct 2); step Rft fwd twd ctr (ct 3); step or leap onto Lft fwd twd ctr and lift Rft up and behind L knee (ct 4); step Rft back away from ctr (ct 5);
- 3 Lift on Rft bringing L knee up and in front (ct 1); step Lft back away from ctr (ct 2); hold (ct 3); turning to face slightly R of ctr, step Rft behind slightly L of Lft (ct 4); rock/step Lft in place (ct 5);
- 4 Lift on Lft and bring Rft up in front of L knee (ct 1); touch R heel fwd to R (ct 2); transfer full wt onto Rft (ct 3); step Lft in front of Rft (ct 4); rock/step back onto Rft in place (ct 5);
- 5 Turning to face ctr, lift on Rft and bring Lft up and in front (ct 1); step Lft to L (ct 2); hold (ct 3); repeat action of cts 4-5 of meas 3 (cts 4-5);
- 6 Repeat action of meas 4;
- 7 Repeat action of meas 5.

Presented by Stephen Kotansky