

Serres

THE NAME OF THE DANCE	Ena ki ena (Ένα κι ένα)
THE TITLE OF THE SONG	-
RYTHM	7/...(2+2+3)
HAND-HOLDING *	V...W
DIRECTION	right-left
DANCERS	men & women

THE NAME OF THE DANCE	Arnaouta (Αρναούτα)
THE TITLE OF THE SONG	-
RYTHM	7/...(2+2+3)
HAND-HOLDING *	V...W
DIRECTION	right
DANCERS	men & women

THE NAME OF THE DANCE	Kambana Mitro (Καμπάνα Μήτρω)
THE TITLE OF THE SONG	-
RYTHM	9/...(2+2+2+3)
HAND-HOLDING *	V
DIRECTION	right-left
DANCERS	men & women

explanation: **W** = arms bend at elbows **V** = arms down **Λ** = arms high

T = arms hold from the shoulders **X** = crossing arms

Γ = one arm hold from the shoulder one in a W position

IN-OUT = dancers first move to the center of the circle and then the opposite

Drama

THE NAME OF THE DANCE	Teska (Τέσκα)
THE TITLE OF THE SONG	"Mirkos tsombanis
RYTHM	2/...
HAND-HOLDING *	V
DIRECTION	Right
DANCERS	Men and women

THE NAME OF THE DANCE	Hasapia (Χασαπιά)
THE TITLE OF THE SONG	-
RYTHM	2/...
HAND-HOLDING *	TT (men) ... V (women)
DIRECTION	Right
DANCERS	Men & women

explanation: **W** = arms bend at elbows **V** = arms down **Λ** = arms high

T = arms hold from the shoulders **X** = crossing arms

Γ = one arm hold from the shoulder one in a W position

IN-OUT = dancers first move to the center of the circle and then the opposite