

Thrace

(Information on the dances from Kyriakos and Rena)

THE NAME OF THE DANCE	Stavrotos (Σταυρωτός)
THE TITLE OF THE SONG	"Pote tha erthi i Anixi
VILLAGE	Marhides
RYTHM	6/...(3+3)
HAND-HOLDING *	XX...
DIRECTION	Right - in/out
DANCERS	Women & Men

THE NAME OF THE DANCE	Xesyrtos (Ξέσυρτος)
THE TITLE OF THE SONG	"Ni n' irthe kori m' i Anixi'"
VILLAGE	Metaxades
RYTHM	2/...
HAND-HOLDING *	Swing and W
DIRECTION	Right-in place
DANCERS	Women & Men

THE NAME OF THE DANCE	Menexe (Μενεξέ)
THE TITLE OF THE SONG	"Menexe"
VILLAGE	Gagavouzides
RYTHM	7/...(2+2+3)
HAND-HOLDING *	W
DIRECTION	Right - in/out
DANCERS	Women & Men

explanation: **W** = arms bend at elbows **V** = arms down **Λ** = arms high

T = arms hold from the shoulders **X** = crossing arms

Γ = one arm hold from the shoulder one in a W position

IN-OUT = dancers first move to the center of the circle and then the opposite

THE NAME OF THE DANCE	Zonaradhikos (Ζωναράδικος)
THE TITLE OF THE SONG	"Palikaria Derveniotika"
VILLAGE	Kosti
RYTHM	6/...(3+3)
HAND-HOLDING *	W...swing
DIRECTION	Right
DANCERS	Women & Men

THE NAME OF THE DANCE	Ziglo (Ζίγκλο)
THE TITLE OF THE SONG	-
VILLAGE	Boyaliki
RYTHM	2/....
HAND-HOLDING *	V (swing)
DIRECTION	Left - in place
DANCERS	Women & Men

** The above information been provided from Rena and Kyriakos to all participants of EEFCs webinar as additional information for personal use only.*

explanation: **W** = arms bend at elbows **V** = arms down **Λ** = arms high

T = arms hold from the shoulders **X** = crossing arms

Γ = one arm hold from the shoulder one in a W position

IN-OUT = dancers first move to the center of the circle and then the opposite