

DOBROLUSHKO HORO
(Thrace, Bulgaria)

- Source: Martin Koenig learned the different steps from members of the Koutev National Ensemble of Bulgaria in 1966. This version was choreographed and arranged by him.
- Pronunciation: doh-broh-LOOSH-koh hoh-ROH
- Recording: Original recording on Balkan Arts 701. Re-released *Village Dances of the Balkans*, CD. 2/4 meter.
- Formation: Open circle; belt hold, L arm over R.
- Note: *Chukche*-Bulgarian word: a hop that doesn't leave the ground Sequence Suggestions: The leader calls the figures by name, and the repetitions are determined by the leader. Normally the changes from Fig I to Fig II and from Fig II to Fig III are called. However, Fig III is usually done only once and is always followed by Fig IV once, followed by any number of repetitions of Fig V without their being called. The leader can change the number of times Fig III and Fig IV are done, but if he says nothing the above is what is understood. It is nice to do Fig III, IV and V as a package. A similar situation obtains in Fig VII, where Meas 1-2 comprise *Napred* (fwd), nd Meas 3-4 *Nazad* (bkwd). *Napred* can be done any number of times in a row followed by any number of *Nazad* and not necessarily the same number of each. *Nazad* if followed by *Isferli* (Fig IV) once if the leader doesn't say anything; this in turn is followed by *Desno/Levo*. Listen to the music it will tell you when Melody A reappears and you can return to *Bavno* (fig. 1).

Meas Cts

Pattern

Begin the dance at the beginning of any musical phrase.

Figure I. Bavno

- | | | |
|---|---|--|
| 1 | 1 | Facing ctr, moving LOD, stp sdwd to R on R ft. |
| | 2 | Step on L ft slightly to L of and in front of R ft. |
| 2 | 1 | Step sdwd to R on R ft. |
| | 2 | Lift L ft, bringing it bkwd. |
| 3 | 1 | Step on L ft slightly to the L of and in back of R ft. |
| | 2 | Lift R ft. |

Repeat Figure 1 as often as leader desires.

DOBROLUSHKO HORO (Continued)

Figure II. *Dai Go Zhivo*

1 Repeat Fig I, meas 1-3 with more animation. Step-lefts become run-hops: steps become runs, lifts become hops.

Figure III. *Tri Na Desno*

1 1 Facing ctr, step sdwd to R on R ft.
2 Step on L ft behind R ft.
2-3 Repeat Meas 1 twice.
4 1 Step sdwd R on R ft.
& Step on L ft beside R ft.
2 Step on R ft in place.
5-8 Repeat Meas 1-4 with opp ftwk and direction.
9 1 Step sdwd to R on R ft.
2 Step on L ft behind R ft.
10 1 Step sdwd on R ft.
& Step on L ft beside R ft.
2 Step on R ft in place.
11-12 Repeat Meas 9-10 with opp ftwk and direction.
13-16 Repeat Meas 9-12

Figure IV. *Isferli*

1 1 Step fwd on R ft, raising L leg behind ready to kick fwd.
2 Kick L ft fwd.
& Raise L ft in front of R knee.
2 1 *Chukche* on R ft, while bringing L ft, still raised, bkwd.
2 Step onto L ft in place, or bkwd, or across behind R ft.

Figure V. *Desno/Levo*

1 1 Step sdwd to R on R ft.
2 Step on L ft behind R ft.
2 1 Step sdwd to R on R ft.
2 Hop on R ft.
3-4 Repeat Meas 1-2 with opp ftwk and direction.

Repeat Figure as often as leader desires.

Figure VI. *Krshi*

1 1 Displace L ft with R ft in a bkwd cutting motion, bringing L ft up in back with a bent knee.
2 Hop on R, extending L ft fwd.
2 Repeat Meas 1 with opp ftwk.

DOBROLUSHKO HORO (Continued)

		<u>Figure VII. <i>Napred/Nazad</i> *</u>
1	1	Step fwd on R ft.
	2	Step fwd on L ft.
2	1	Close R ft to L ft - with heel click.
	2	Hold.
3	1	Step bkwd on R ft.
	2	Step bkwd on L ft.
4	1	Close R ft to L ft - with heal click.
	2	Hold.
5-6		Repeat Figure IV, Meas 1-2.
7-10		Repeat Figure V, Meas 1-4.

Repeat Figure as often as leader desires.

* Leader calls how many steps fwd/how many steps back.

Dance Notes by Martin Koenig.

Presented by Martin Koenig