

KARATSOVA (YK)

GREEK/MACEDONIAN DANCE

LEARNED FROM YANNIS KONSTANTINOU

METER: Slow part – difficult to say – dancers have a quick slow beat pattern to dance to that is difficult to enumerate. Fast part – 7/8 – slow-quick-quick

Slow part

Meas. 1,2 -Step R in LOD, step LRL with very small steps (Hands are held down)

Meas. 3-6 – Repeat meas. 1 2 more times

Meas. 7 – Step R in LOD and face center (raise arms to W position)

Meas. 8 – Lift L in front of R

Meas. 9 – Step L behind R

Meas. 10 – Step R diagonally towards center

Meas. 11 – Step L back away from center

Meas. 12 – Hook R leg in front of L and turn to face L

(meas. 9-12 was described as “teeth”)

Meas. 13 – Step R in reverse LOD

Meas. 14 – Rock back on L and then forward onto R

Meas. 15 – Step L in reverse LOD. step R behind left as you begin to turn to face LOD
and begin to lower arms

Meas. 16 – Step LRL in place

(meas. 13-16 was described as the ending)

Slow part is repeated until rhythm changes for fast section. This will occur after meas. 12 (at the end of “teeth”)

Fast part

Fast part starts with two quick-quick-slows as you turn in place to face LOD and lower arms. Then continue with meas. 1

Meas. 1 – Step R,L moving in LOD

Meas. 2,3 – Step RLR,LRL in LOD

Meas. 4-6 – Repeat meas. 1-3

Meas. 7 – Step R, lift L as you raise arms

Meas. 8 – Step L behind R moving in LOD, step R backwards

Meas. 9 – Step L backwards, bounce on L

Meas. 10,11 – Step RLR, LRL in place as you turn to face LOD and lower arms

second variation of fast part

Meas. 1-8 – same as in first part

Meas. 9,10 – continue moving backwards in LOD stepping LRLR

Meas. 11 – step L backwards in LOD with, bounce on L while turning body to face LOD while lowering arms.