



02 March 2024, Saturday

EAST EUROPEAN FOLKLIFE CENTER Macedonian March Madness

“Dancing Through Macedonia: An Immersive Experience with Filip Arilon”

Class Content

1. PRAVO, RAMNO ORO or LESNOTO / ПРАВО, РАМНО ОРО или ЛЕСНОТО

Info:	This is a dance of the most common type in our country. From the past to the present, there has not been any significant change in its performance. It represents a basic dance pattern that is not tied to a single piece of music. There are 100s of songs and different melodies for dancing to this dance. In our case, we use the song “Makedonsko devojche” as the basis for dancing.
Dancing Area:	All dancing areas in Macedonia.
Rhythm:	7/8 (3+2+2) or 4/4.
Posture:	Hands in middle position. In the south and south-west dancing areas for shoulders.
Gender:	Mixed

2. DEVETKA, NA SRCE MI LEZHI / ДЕВЕТКА, НА СРЦЕ МИ ЛЕЖИ

Info:	This is a second dance of the most common type in our country. From the past to the present, there has not been any significant change in its performance. It represents a basic dance pattern that is not tied to a single piece of music. There are 100s of songs and different melodies for dancing to this dance. In our case, we use the song “Na srce mi lezhi” as the basis for dancing.
Dancing Area:	All dancing areas in Macedonia.
Rhythm:	9/8 (2+2+2+3)
Posture:	Hands in middle position.
Gender:	Mixed

3. SKOPSKI SASA – СКОПСКИ САСА

Info:	Another typical dance sample for the Balkans. This is a dance that is again not tied to a specific music. You can dance it to any 4/4 sasa tune. Similar dance patterns are also found in Serbia and Bulgaria.
Dancing Area:	More at the East Dancing Area, all dancing areas in Macedonia.
Rhythm:	4/4.
Posture:	Hands in low position, waving and accompanying the body.
Gender:	Mixed.

FOLKPAL

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**4. KJUPURLIKA / КУПУРЛИКА**

Info:	And this type of dance is quite popular in the Balkans and beyond. In my country it is generally a dance element that is associated with the city I come from - the city of Veles. It is a female dance that has undergone a change in the way and character of its performance from the past until today. Today it is performed very freely, which was not an example in the past. I will underline the highlighting of the individual who leads the dance, in most cases it was the oldest woman. While performing the dance she knew how to say out loud: AJDE JASHAA! (YASHAA) and the rest of the dancer's answers: OO-OP, OO-OP!
Dancing Area:	Veles City. (Tetovo as well, but they call it Adana)
Rhythm:	4/4.
Posture:	Hands in middle position. Bent at the elbows. In the past, it was practiced holding the little fingers.
Gender:	Female in the past, now mixed.

5. VELESHKO ZHENSKO ORO

Info:	A characteristic wedding dance. Very similar in its content to classic bridal dances in the various dance regions of our country. It is distinguished by femininity and moderation in its performance. This dance gives "freedom" in the way the dance is performed. The dance consists of one step which is a basic variant and one variation of the first part only. (Instead of performing a three-step in a line, a three-step with a turn is used.)
Dancing Area:	Veles City.
Rhythm:	4/4.
Posture:	Hands in middle position.
Gender:	Female in the past, now mixed.