



09 March 2024, Saturday

EAST EUROPEAN FOLKLIFE CENTER Macedonian March Madness

“Dancing Through Macedonia: An Immersive Experience with Filip Arilon”

Class Content

1. SHOPSKO ODENO ORO / ШОПСКО ОДЕНО ОРО

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| Info: | This is a characteristic round dance, from which I was able to identify a few remnants of the steps. Through field research, I reconstructed its initial or basic form. It consists of one primary step and two additional variations. In our traditional dance performances, we gradually increase the tempo, resulting in changes in the dance steps. |
| Dancing Area: | East dancing area. Shopluk. |
| Rhythm: | 4/4. |
| Posture: | For belts. |
| Gender: | Mixed. |

2. BEROVKA / БЕРОВКА

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| Info: | Quite a well-known dance, which has been featured in many choreographic productions by various choreographers. We studied the traditional form of the Berovka dance. Etymologically, the name indicates that it belongs to city of Berovo, implying it is a dance originating from or associated with the city of Berovo. It is performed in the style of traditional dances practiced in Berovo. Our study focused on the basic variant and the first variation of the dance |
| Dancing Area: | East dancing area. Reg. Maleshevija. |
| Rhythm: | 2/4. |
| Posture: | Low position. |
| Gender: | Mixed. In the past women. |

3. AJ DA OJME JANO / АЈ ДА ОЈМЕ ЈАНО

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| Info: | This is a well-known round dance song originating from the Pirin Region, but it has also gained popularity in the western parts of our country today. Particularly in the regions of Kichevo, Zheleznik, and Kopachka, especially after a famous folk singer covered this song. It consists of one basic step and a variation of the first part of that step. |
| Dancing Area: | East dancing area. Reg. Pirin. |
| Rhythm: | 4/4. |
| Posture: | Low position. |
| Gender: | Mixed. |

FOLKPAL

Str. “Kiro Roghuzharov” № 5
1400 Veles, R. Macedonia
+389 70 990 550

arilon.filip@gmail.com | www.folkpal.com