



16 March 2024, Saturday

EAST EUROPEAN FOLKLIFE CENTER Macedonian March Madness

“Dancing Through Macedonia: An Immersive Experience with Filip Arilon”

Class Content

1. BEDA / БЕДА

Info:	Beda is a dance that is represented in the South-Western dance area, in the Bitolsko Pole ethnic region. It is the area of the famous Pelagonian valley, which is the largest valley in our country. The step consists of one basic playing pattern and two variations of it. From the past to the present, it has not undergone any significant changes, except for the composition of the dancers.
Dancing Area:	South-west dancing area. Reg. Bitolsko pole.
Rhythm:	7/8 (3+2+2). At the beginning count 2+2.
Posture:	Shoulders.
Gender:	In the past man dance. Today is mixed.

2. POTRCHANO / ПОТРЧАНО

Info:	Potrchano means the runed dance. This dance is represented in the North dance area, the region of Skopska Blatija. A very exploited step, both by folk ensembles and by dance regions, and it comes from the region with the most difficult dance structures. It consists of one basic form and several of its variational elements. It all depended on the talent of the performer and composition as a group.
Dancing Area:	North dancing area. Reg. Skopska blatija.
Rhythm:	7/16 (3+2+2).
Posture:	Low.
Gender:	Mixed.

3. BORJANO / БОРЈАНО

Info:	Borjano is a dance structure that comes from the east dancing area. The basis of the melodic line of the dance is the famous Macedonian song - Bojrano, Borjanke. The step in its basic form resembles the family of Maleshevsko dances, but it differs in length and of course the dance elements that made this dance. Due to the overlap of the dance structure, I have set a variation form of the melodic tambura solo. Form: 5 times basic + 2 times connection +2 times basic
Dancing Area:	East dancing areas.
Rhythm:	4/4.

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Posture: Belt.

Gender: Mixed.

4. DERVISHKO / ДЕРВИШКО

Info: This is a dance performed by the Macedonian population and it refers to the dances performed by the dervish. The people were fascinated and made some variation of the dance "Za pojas". It is observed in the eastern regions in the area of Pijanec. It features tiny dance moves that are only on the floor and a pronounced tap at the end of the dance section.

Dancing Area: East dancing areas.

Rhythm: 4/4

Posture: Belt.

Gender: Mixed.