

Shterkolyovata

Region: Stara Zagora Area, Trakia

Pronounced: shterh-KOH-lyoh-vah-tah

Audio/Video reference: Horo.bg CD

Meter: 2/4 (Q Q) or 1, 2

Formation: Mixed line, hands in W- position

Style: Light and jumpy, arms bounce down-up in dance rhythm

Meas	Ct	Dir	Foot Work
1	1	LOD	Step on R fwd, lift sharply L knee up
	2		Hop on R fwd
2	1		Step on L fwd, lift sharply R knee up
	2		Hop on L fwd
3	1		Step on R fwd, lift sharply L knee up
	2		Hop on R fwd
4	1		Step on L fwd, lift sharply R knee up
	2		Hop on L fwd
5	1	CTR	St on R swd right
	2		St on L in front of R, slightly bending L knee
6	1		St on R swd right
	2		St on L behind R
7	1		St on R in place
	2		Hop on R in place, lift L knee up and swing L foot swd right, in front of R
8	1		St on L in place
	2		Hop on L in place, lift R knee up and swing R foot swd left in front of L
9	1		St on R in front of L
	2		St on L swd L
10	1		St on R heel in front of L, st on L behind R
	2		St on R in front of L
11	1		St on L swd L
	2		Hop on L in place, lift R knee up and swing R foot swd left in front of L
12	1		Emphasized st on R in front of L
	2		St on L in place behind R

Abbreviations:

BKWD:	Backwards
CTR :	Center
CW :	Clockwise
CCW :	Counter clockwise
FWD :	Forward
L :	Left
LOD :	Line of Direction
Meas. :	Measures
On L :	On left foot
On R :	On right foot
Pos :	Position
R :	Right
RLOD :	Reversed line of direction
St :	Step
SWD :	Sideward