

Trite Pati

Region: East Trakia ethnographic area, Bulgaria. This basic version of the dance is popular in different villages.

Pronounced: TRIH-the PAH-tih

Audio/Video reference: CD NK 0910

Meter: 2/4 (Q Q), also counted as 1&, 2&

Formation: Mixed line, hands in V-position. This version of the dance is repeated by all, while a few master male dancers in a separate straight line perform complex solo in the middle of the (semi)circle.

Style: All steps are preformed in slightly bent-knee position.

Meas	Cnt	Dir	Foot Work	Arm Work
			Trite Pati	
1	1	LOD	Hop on L fwd, lifting R knee up	V-pos swing fwd
	2		St on R fwd	
2	1		Hop on R fwd, lifting L knee up	V-pos swing bkwd
	2		St on L fwd	
3	1		Hop on L fwd, lifting R knee up	V-pos swing fwd
	2		St on R fwd	
4	1		Emphasised leap on L fwd	V-pos swing bkwd
	2		St on R in place (behind L)	
5	1	CTR	Hop on R in place	V-pos swing fwd
	2		St on L sdw L	
6	1		Emphasised leap on R in front of L	V-pos swing bkwd
	2		St on L sdw L	
7	1		Emphasised leap on R next to L	V-pos swing fwd
	2		St on L sdw L	
8	1		Emphasised leap on R in front of L	V-pos swing bkwd
	2		St on L sdw L	
9	1		Hop on L in place, lifting R knee up	V-pos swing fwd
	2		St on R next to L	
10	1		Emphasised leap on L across in front of R	V-pos swing bkwd
	2		St on R in place (behind L)	
11	1		Hop on R in place, lifting L knee up	
	2		St on L next to R	
12	1		Emphasised leap on R across in front of L	
	2		St on L in place (behind R)	

13	1		St on R sdw R	
	2		St on L in place	
14	1		St on R in front of L	
	2		St on L in place	
			Repeat 14-bar sequence until the end of the music.	

Abbreviations:

BKWD: Backwards
 CTR : Center
 CW : Clockwise
 CCW : Counter clockwise
 FWD : Forward
 L : Left
 LOD : Line of Direction
 Meas. : Measures
 On L : On left foot
 On R : On right foot
 Pos : Position
 R : Right
 RLOD : Reversed line of direction
 St : Step
 SWD : Sideward