

VALLE E RADOVËS

(Albania)

I learned *Valle e Radovës* (Dance of Radovë) from local dancers in the town of Ersekë in Korçë County, in south-eastern Albania. Radovë is a village near Leskovik in southern Albania. It is a 4 measure women's dance to a *Pogonishtë*-style music.

Recording: Workshop CD

Formation: Open circle with "W" handhold. Dancers hold a scarf/kerchief in their R hands.

Music: 2/4

Meas:

Introduction: Before dance begins, dancers bounce slightly in place (cts 1,&,2,&) turning upper body slightly to the R (cts 1,&) and to the L (cts 2,&).

- 1 Facing slightly R of center, Step Rft fwd to R (ct 1), step Lft fwd (in front of Rft) to the R (ct 2);
- 2 Turning to face center, step Rft to R side (ct 1); touch ball of Lft fwd slightly twd center (ct 2);
- 3 Step Lft back slightly (ct 1); step Rft back behind Lft (ct 2); step Lft fwd in place, turning to face slightly L of center and releasing joined hands (ct &);
- 4 Step Rft across and in front of Lft and place L fist (thumb facing back) on L hip as R hand with scarf/kerchief drops slowly in front of body and inscribes a CW circle in front of the torso (R shoulder dips as body turns to face slightly L of center. Lft is raised slightly up in back) (ct 1); step Lft back in place as R hand reaches starting position (ct 2);

Variation: Leader, leader and last dancer, and/or all dancers may turn CW to R during measure 1. Some dancers rock slightly fwd and back in place of the "touch" during meas 2 ct 2.

*Note: There is a subtle bounce during the dance.

Presented by Stephen Kotansky