

VARIMEZOVO HORO

(Thrace, Bulgaria)

Varimezovo Horo is a new dance popular in the Bulgarian folk dance movement. It takes its name from the famous *gaida* (bagpipe) player, Kostadin Varimezov from Rosenovo (Burgas Region), Bulgaria. Kostadin was the founder of the *Strandzhanskata Grupa* of “traditional” folk instruments (1957). The name of the tune I prefer is *Na Poyas* of “belt-hold” Horo.

Recording: Workshop CD

Formation” Open circle with “belt-hold”, “W” or “V” position

Music: 2/4

Meas:

- 1 Facing ctr, step Rft to R side (ct 1); step Lft across and behind Rft (knee bent slightly (ct &); step Rft to R (ct 2); step Lft across and behind Lft knee bent slightly (ct &);
- 2 Repeat action of meas 1 continuing to R;
- 3 Step Rft fwd twd ctr with an impulse (ct 1); bounce on Rft in place and bring Lft up and behind R knee (L knee turned out) (ct &); step Lft back (ct 2); bounce on Lft and lift Rft up in front (ct 2);
- 4 Turning to face very slightly L of ctr, step Rft to R (ct 1); close Lft to beside Rft (ct eeh); step Rft in place beside Lft (ct &); turning to slightly R of ctr, step Lft to L (ct 2); close Rft beside Lft (ct eeh); step Lft in place beside Rft (ct &); *Note: These are *Pas de Basque* – like steps.
- 5 Facing ctr, bend L knee slightly in place and “pump-kick” Rft down and fwd (ct 1); Step Rft back to place (ct &); bend R knee slightly and “pump kick Lft down and fwd (ct 2); step Lft back to place (ct &);
- 6 Repeat action of meas 5;
- 7 Bounce on Lft and touch ball of Rft across and in front of Lft (ct 1); jump on to both Feet shoulder-width apart (ct &); jump-close both feet sharply together (ct 2); Hold (ct &);
- 8 Reverse action (ftwk) of meas 7;
- 9 Moving twd ctr, run/step Rft fwd (ct 1); run/step Lft fwd (ct &); run/step Rft fwd (ct 2); run/step Lft fwd (ct &);
- 10-11 Repeat action of meas 7-8;
- 12 Repeat action of meas 9 but 4 run/steps backwards.

Presented by Stephen Kotansky